User Defined Tasks (UDTs) are courses that consist of one or more learning activities. These activities can include reading a document, viewing a video, completing a checklist, attending an outside course, and/or taking a test.

When you click on the course name (1) on your Learning and Metrics home page, it opens the course Activity page (2) where you can view and take action on the required learning activities.

How to Take a User Defined Task